

The University of Kansas Medical Center

DIVISION OF
STUDENT SERVICES

March 28, 2006

Dean
(913) 588-4698

To Whom It May Concern:

Information
System
(913) 588-4684

As the Director of Student Resources, Wellness and Diversity at the University of Kansas Medical Center (KUMC), I am pleased to write this letter of recommendation for Ann Pai, author of *My Other Body*.

Counseling And
Educational
Resources
(913) 588-6580

Ann spoke to our medical, nursing, allied health and graduate students as part of our Student Wellness Program series. Using excerpts from her book, Ann shared her personal experiences with eating disorders both through her sister's struggles and her own. She gave our audience a unique perspective to consider; as healthcare providers, our students encounter eating disorders from a clinical perspective, not emotional. Ann showed us what family members and loved ones face as they witness someone's battle with compulsive overeating.

Financial Aid
(913) 588-5170

Students shared the following comments:

- "Great to have a person with a personal insight of America's leading pandemic issue of obesity."
- "Incredible speaker and kept the audience engaged."
- "It was good to hear about the other spectrum of eating disorders instead of the usual anorexia/bulimia. It is such a huge issue for this nation."
- "Wow, this was a great presentation. I really enjoyed the means by which she presented the information. Excellent testimonial."
- "Definitely bring her back. Advertise heavily; get as many people to come as possible."

Health Insurance
(913) 588-4695

Kirmayer Fitness
Center
(913) 588-7701

I believe Ann was a great addition to our Student Wellness Program series. We strive to maintain quality and excellence in our program by carefully considering our speaker options. I would gladly bring Ann back to our campus to lead more discussion groups with our student population. Any campus population will benefit from Ann's presentation. I would be happy to provide any additional information needed. Please do not hesitate to contact me at 913-588-6681.

Registrar
(913) 588-7055

Resources/
Wellness/Diversity
(913) 588-6681

Sincerely,

Student Health
Center
(913) 588-1941


Theresa Brown